

## Vidya's Library Resources on Writing

Behn, Robin and Twichell, Chase. *The Practice of Poetry: Writing Exercises from Poets Who Teach*. 1992. New York, NY: HarperPerennial.

"*The Practice of Poetry* is the first handbook for poets to combine poetry-writing exercises with illuminating personal essays by each contributor."

Burnham, Sophy. *For Writers Only: Inspiring Thoughts on the Exquisite Pain and Heady Joy of the Writing Life, From Its Greatest Practitioners*. 1994. New York, NY: Ballantine Books.

From the inside cover: "Sophy Burnham has collected the thoughts of some of the greatest writers and laced them with her own observations and experiences of the writer's life."

Daniell, Rosemary. *The Woman Who Spilled Words All Over Herself: Writing and Living the Zona Rosa Way*. 1997. UK: Faber and Faber.

"Now Daniell...shares what she has discovered as a poet, nonfiction, and fiction author, and, more importantly, how she has learned to give hope to others who also wish to write..."

Fox, John. *Finding What You Didn't Lose: Expressing Your Truth and Creativity Through Poem-Making*. 1995. New York, NY: G.P. Putnam's Sons.

From the back cover: "John Fox [a certified poetry therapist] offers a fresh approach to poetry writing, yet one that doesn't overlook the importance of formal techniques. Readers will be reintroduced to their poetic voice and its unique ability to heal psychological wounds which may have held it captive."

Hagan, Kay Leigh. *Internal Affairs: A Journalkeeping Workbook for Self-Intimacy*. 1990. San Francisco, CA: Harper & Row Publishers.

From the back cover: "*Internal Affairs* is the ideal resource for persons in recovery, for those examining issues of identity and empowerment, and all who seek full self-understanding, creativity, and spiritual growth."

Heilbrun, Carolyn G. *Writing a Woman's Life*. 1988. New York, NY: Ballantine Books.

"Refreshing and insightful, *Writing a Woman's Life* is an homage to brave women past and present, and an invitation to all women to write their own scripts, whatever they may be."

Hopkins, Lee Bennett. *Pass the Poetry Please*. 1972. New York, NY: Citation Press.

"The poet-teacher Lee Bennett Hopkins offers here dozens of proven techniques for using poetry to enrich every area of the curriculum - and for introducing youngsters to the pleasures poetry can bring them."

King, Stephen. *On Writing: A Memoir of the Craft*. 2000. New York, NY: Scribner.

Excerpt: "It starts with this: put your desk in the corner, and every time you sit down there to write, remind yourself why it isn't in the middle of the room. Life isn't a support-system for art. It's the other way around."

Koch, Kenneth. *Wishes, Lies, and Dreams: Teaching Children to Write Poetry*. 1970. New York, NY: Random House, Inc.

From the back cover: "In *Wishes, Lies, and Dreams*, Kenneth Koch describes a method of teaching children to write poetry which makes children enjoy it so much that they often cheer when a poetry lesson begins."

Ledoux, Denis. *Turning Memories into Memoirs: A Handbook for Writing Lifestories*. 1993. Soleil Press - [www.turningmemories.com](http://www.turningmemories.com).

"Using the Turning Memories Into Memoirs method, thousands of people have written interesting and dynamic personal stories for themselves and their families. Even those who were sure they couldn't write or had never written before have produced richly rewarding lifestories to share with future generations."

Pearlman, Mickey. *Listen to Their Voices: 20 Interviews with Women Who Write*. 1993. New York, NY: Houghton Mifflin Company.

Includes interviews with Anne Rice, Lois Lowry, Sharon Olds, Sue Miller, Grace Paley and Gish Jen.

Prose, Francine. *Reading Like a Writer: A Guide for People Who Love Books and for Those Who Want to Write Them*. 2007. New York, NY: Harper Perennial.

From the back cover: "In her entertaining and edifying *New York Times* bestseller, acclaimed author Francine Prose invites you to sit by her side and take a guided tour of the tools and tricks of the masters to discover why their work has endured."

Saltzman, Joel. *If You Can Talk, You Can Write: A Proven Program to Get You Writing & Keep You Writing*. 1993. New York, NY: Warner Books, Inc.

From the back cover: "When we talk, we tell stories and present ideas - rarely with much anxiety. But think about *writing* something and panic sets in. Overcome this crippling response by learning how to 'talk' on paper."

Segalove, Ilene and Velick, Paul Bob. *List Your Self: Listmaking as the Way to Self-Discovery*. 1996. Kansas City, KA: Andrews and McMeel.

From the book: "List the best gifts you've ever been given...the names of all your past bosses and lovers...your lucky charms and broken arms. List the smells that make you scream, the people in your dreams. Step in and weave your way through this treasure trove of list ideas designed to reveal the vistas of your heart and soul. Soon you'll find yourself on a colorful road through years of experiences, memories, desires, and wisdom."

Stillman, Peter R. *Families Writing*. 1989. Cincinnati, Ohio: Writer's Digest Books.

From the back cover: "In this pointed, poignant, occasionally puckish book, Peter Stillman makes capturing family happenings and happiness more than just a work to be cherished by future generations. He makes it fun and fascinating for yours."