

Appa's Library

Gandhi, Peace & Nonviolence, and Martin Luther King, Jr.

Gandhi

Gandhi in his own words: For Adults

Gandhi, Mohandas Karamchand (edited by John Strohmeier). *The Bhagavad Gita According to Gandhi*. 2000. Albany, CA: Berkeley Hills Books.

This volume includes Mahatma Gandhi's *Gita* text and commentary and provides an excellent insight into some of the issues that he felt most directly affected one's spiritual life.

Gandhi, Mohandas Karamchand. *Gandhi An Autobiography: The Story of My Experiments With Truth*. 1993. Boston, MA: Beacon Press.

Gandhi, Mohandas Karamchand (edited by Rudrangshu Mukherjee). *The Penguin Gandhi Reader*. 1995. New York: Penguin.

An introductory collection of Mahatma Gandhi's writings.

Biographies for Adults

Easwaran, Eknath. *Gandhi the Man: The Story of His Transformation*. 1997. Tomales, CA: Nilgiri Press.

Gandhi, Rajmohan. *Gandhi: The Man, His People, and the Empire*. 2008. Berkeley, CA: University of California Press.

Nanda, B. R. *Mahatma Gandhi: A Biography*. 1996. New York: Oxford India Paperbacks.

For Ages 9+

Schaaf, V. Mylo and Easwaran, Eknath. *Our Gandhi: Child of Fear to Man of Freedom*. 2001. Tomales, CA: Nilgiri Press.

For Ages 4-8

Mitchell, Pratima. *Gandhi: The Father of Modern India*. 1998. (What's Their Story series.) New York: Oxford University Press.

Peace and Nonviolence

The University of Rhode Island offers a minor in Peace and Nonviolence Studies through its Center for Peace and Nonviolence Studies. <http://www.uri.edu/nonviolence/>

The Center is directed by Dr. Bernard LaFayette, Jr. who has been a Civil Rights Movement activist, minister, educator, lecturer, and is an authority on the strategy on nonviolent social change, and currently a Distinguished-Scholar-in-Residence. The mission of the Center for Nonviolence and Peace Studies at the University of Rhode Island is to help build a world of mutual understanding among people, in which nonviolent processes are used to reconcile conflicts and build community. The Center accomplishes this mission by providing educational and research opportunities, and leadership development at the University of Rhode Island, and help facilitate such programs throughout the state. In addition, the center provides help to initiate similar programs nationally and internationally and collaborates with other organizations doing peace-building work locally, nationwide, and globally. It also provides regular trainings. The purpose of these trainings is to develop nonviolent leaders and expose people to various nonviolent concepts and to develop schools that would be helpful in cultivating a nonviolent society. These trainings can also be used in learning strategies to institutionalize nonviolence in various organizations. For more information on the trainings, please visit the center's website or contact them at:

Center for Nonviolence and Peace Studies
Multicultural Center
The University of Rhode Island
74 Lower College Road, Kingston, RI 02881
Telephone: (401) 874.2875
Facsimile: (401) 874.9108

Teaching Tolerance (www.teachingtolerance.org) is a website maintained by the Southern Poverty Law Center, as part of the Teaching Tolerance project which is dedicated to "to reducing prejudice, improving intergroup relations and supporting equitable school experiences for our nation's children".

Free educational materials to teachers and other school practitioners in the U.S. and abroad are provided and their [magazine](#) is sent to 400,000 educators twice annually. Educators may be interested in using their free curricular kits and teaching materials, which have won several awards. For more information on the trainings or to get their free newsletter, please visit the center's website or contact them at:

A Project of the Southern Poverty Law Center
400 Washington Ave.
Montgomery, AL 36104
Telephone: (334) 956-8200

The Jane Addams Peace Association (<http://www.janeaddamspeace.org/index.asp>) was founded in 1948 "to foster a better understanding between the people of the world toward the end that wars may be avoided and a more lasting peace enjoyed."

This organization is an educational affiliate of the [Women's International League for Peace and Freedom](#), founded in 1915 with Jane Addams (the first American female to win the Nobel Peace Prize) as its first president. The Jane Addams Peace Association is located at 777 United Nations Plaza, New York, NY 10017, New York City, NY 10017; telephone 212-682-8830; fax 212-286-8211; email: japa@iqc.org. The website also has a list of books that have won the organization's award.

Cecil, Nancy Lee and Roberts, Patricia M. *Raising Peaceful Children in a Violent World*. 1995. San Diego, CA: Lura Media.

One of the best practical guides to teaching children the value of peace and nonviolence. It is targeted at families but has many practical exercises that can be used in classrooms as well

Fitzell, Susan Gringas. *Free the Children: Conflict education for strong, peaceful minds*. 1997. Manchester, NH: Cogent Catalyst Publications.

From the publisher's product description: "Covering pre-K through twelfth grade, it presents five essential components necessary for an effective conflict education curriculum that is developmentally appropriate, and explores key issues including raising a peaceful male child in a violent world; the effect of media violence on children; school bullies; dating violence; and empowering adolescent girls to refuse the role of the 'victim'."

Martin Luther King, Jr.

All Ages

I Have a Dream: Dr. Martin Luther King, Jr. (Foreword by Coretta Scott King.) 1997. New York: Scholastic Press.

The entire speech illustrated with the works of fifteen Coretta Scott King Award and Honor Book artists. The gorgeous over-sized book ends with each artist sharing what inspired each painting or illustration.

King Farris, Christine (illustrated by Chris Soentipiet). *My Brother Martin: A Sister Remembers Growing Up with the Rev. Dr. Martin Luther King, Jr.* 2003. New York: Simon & Schuster.

Beautiful over-sized book with the inscription, "To my granddaughter, Farris Christine Watkins, and all the other children of the world who will continue my brother's dream of turning the world upside down."

Middle School Recommendations

Quayle, Louise. *Martin Luther King, Jr.: Dreams for a Nation*. 1989. New York: Ballantine Books.

This is a publication from The Great Lives Series. "Great Lives biographies shed an exciting light on the many dynamic men and women whose actions, visions, and dedication to an ideal have influenced the course of history. Their ambitions, dreams, successes and failures, the controversies they faced and the obstacles they overcame are the true stories behind these distinguished world leaders, explorers, and great Americans."

Pettit, Jayne. *Martin Luther King, Jr.: A Man with a Dream*. 2001. London: Franklin Watts.

This is from the Book Report Biographies Series. "Book Report Biographies focus on fascinating people who have changed their own cultures and the world. Each book in the series is ideal for classroom assignments, providing thorough coverage of the life of its subject as well as insight into that person's world. They're also great to read just for fun!"

Holland, Margaret (Illustrated by Dick Smolinski). *Martin Luther King, Jr.* 1990. Worthington Press.

This is from the People Who Shape Our World Series. Beautifully illustrated, this short book packs in a lot of information. It follows King through his life beginning with youth in Atlanta. "Fourteen-year-old M.L. King would never forget the day he gave his speech on the Negro and the Constitution. M.L. won second place in a public speaking contest..."

Davidson, Margaret. *I Have a Dream: The Story of Martin Luther King.* 1986. New York: Scholastic.

A reviewer's quote from the back cover: "An inspiring portrait of a man who changed the course of American history...Well documented, clearly written, and illustrated with captivating photos." Many of the photos are rarely seen gems, including the cover photo of Dr. King with his daughter Yolanda. On page 32, a photo of King in his library reading a book about Gandhi.

Peck, Ira. *The Life and Words of Martin Luther King, Jr.* 1968. New York: Scholastic (reprinted).

Important because of its immediacy; having been printed the same year as Dr. King's assassination.

Levine, Ellen (illustrated by Anna Rich). *...If You Lived at the Time of Martin Luther King.* 1994. New York: Scholastic.

Takes a unique approach to telling the story of Dr. King and the Civil Rights Movement by answering questions children might ask like "What was segregation?", "Did black and white children play together?", and "Did everyone agree with Martin Luther King?"

Tate, Eleanora E. *Thank You Dr. Martin Luther King, Jr.!* 1990. London: Franklin Watts.

A young adult novel. "Mary Elouise is dying to be in the school play, but the part she gets is the last one she wants - narrator of the Black History skit. Even though her grandmother, Big Momma, says it's important to remember her heritage, Mary Elouise hates being reminded about slavery and Dr. Martin Luther King, Jr."

Elementary School Recommendations

Ruffin, Frances E. (illustrated by Stephen Marchesi). *Martin Luther King, Jr. and the March on Washington.* 2001. New York: Grosset & Dunlap.

Beautifully illustrated and simply stated but informative. "On a hot summer day in 1963, more than 250,000 people poured into Washington, D.C. They came by plane, in buses and cars - even on roller skates! Why were they there? Find out in this book about a historic day and a very famous speech."

Bray, Rosemary L. (illustrated by Malcah Zeldis). *Martin Luther King.* 1995. New York: Greenwillow Books.

"Powerful folk-art paintings and an accessible, fact-filled text add up to a moving portrait of Martin Luther King, Jr., and his courageous fight for human rights."

Preschool Recommendation

Moore, Johnny Ray (illustrated by Amy Wummer). *The Story of Martin Luther King Jr.* 2001. Nashville, TN: CandyCane Press.

A wonderful board book for parents to share with young children. "This little book tells the story of Martin Luther King, Jr. and how he excelled at school, became a minister, and worked to end segregation in America. Parents can use this book to introduce Dr. King to the very young child through these simple words and delicate watercolors."

Climbing the Stairs

A young girl in a green and black patterned dress is climbing a white staircase that leads up through a large, arched opening. The archway is set against a warm, yellowish-orange background. The girl is positioned in the lower center of the frame, looking up as she ascends the stairs.